

# West Texas RSVP

Dec 2015 - Jan 2016

Sponsored by: West Texas Rehabilitation Center A Corporation for National and Community Service Program National Senior Corps Program



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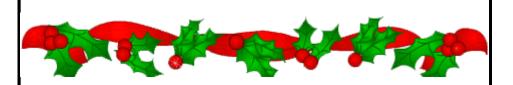
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### A Christmas Blessing

During this Christmas season,

May you be blessed

With the spirit of the season

which is peace,

The gladness of the season

which is hope,

And the heart of the season

which is love.

Somehow, not only for Christmas

But all the long year through,

The joy that you give to others

Is the joy that comes back to you.

And the more you spend in blessing

The poor and lonely and sad,

The more of your heart's possessing

Returns to you glad.

- John Greenleaf Whittier



## West Texas RSVP Volunteer "Spot-Light"

Beverly Henderson, author of The Aloha Christmas, grew up in flat, arid west Texas with dreams of one day living in a landscape surrounded by trees! Her travels as a career Army wife opened opportunities to teach children and women in Hawaii, Germany, Belgium, parts of the Southern United States, and Pacific Northwest. Taken from her own life experiences, The Aloha Christmas, is a Christmas parable written to encourage faith and trust as anchors in navigating the troubled waters of life's inevitable uncertainties. Henderson and her husband transferred to San Angelo from Pensacola, Florida in 1993 and are happy to be back in Texas! Beverly volunteers for Rust Street Ministries Food Pantry & Faith in Action Medical Transportation.



Ruth Jackson has been a RSVP volunteer for 21 years. She is a very talented artist and photographer and provides art classes at different places in the Big Country Area. Ruth began taking pictures at RSVP events several years ago and is now the RSVP "main" photographer. Her pictures capture each event and the RSVP volunteers in a special way. She is always very generous to volunteer when called for numerous volunteer opportunities.

In the picture to the right Ruth took the opportunity to have her own picture made with fellow RSVP'er Angie Nelson. (Ruth is the person to the right in the picture.) A special thanks to Ruth!!



Use your smile to change the world ...don't let the world change your smile!









- Jo Valliant
   Nell Wester
- 2 Linda Dixon Lorraine Nance Bob Porter Janelle Slough Calvin Walker James Warren
- 3 Marilyn Flage Pat Nennich
- 5 Mary Barton Jim Calvert
- 6 Linda Aten Bob Johnson Joe Lana Lynch Sue Mansfield Elsie Oliver Jeannie Williams
- Suzann Eby-Martinez
   Tommie Joyce Elkins
   Mildred Liles
   Sally Wilson
- 8 Barbara Crozier
  Joy Petty
  Sharon Urbantke
- 9 Rosemarie Flores Maria Gonzales Fern Short
- 10 Madelle HuckabyPat PotterHelen Walker
- 11 Carol Curran
- 12 Nyla Rosenstrom
- 13 Brenda Bredemeyer Janice Hargrove
- 14 Joyce Rives
- 17 Tommy Beauchamp Bobbi Brandt Robert Harthcock Mike Martin Betty McLoughlin

- 19 Rene' Avants Sue Drozt Abelina Robles
- 20 Judy Matthews Edna Pursley
- 22 Josie Broene Delores Flood Sharon Giddens Ann Howle Manuel Mier
- 23 Gordon Atkinson Charles Brewer Erma Martin Edith Zimmerman
- 24 Ann Light Jean Rogers Barbara Sohn
- 25 Dottie Beamer
- 26 Jack Carpenter
- 27 Johnny Whisenhunt
- 28 David Dewar Jan Lineweaver Sonya Quinn
- 29 Joanne Bell Claude Burton Terry Pouch
- 30 Elena Hernandez Suzanne Slate King Walker
- 31 Floradean Cockerell Irma Garrett Gladys Hicks Correne Pinkston

- 2 David McCaghren Ralph Teague
- 3 Sally Frederick
- 4 Dolores Schwertner
- 5 Doris ClarkRosalie HehnNancy Wadsworth
- 6 Susanne BartaB. J. HassellSondra LayEvonne Teague
- 7 Pat Howard Coletta Lively Sue Newcombe
- 8 Nancy Keister
- 9 Doris SimsNadine Williams
- 10 Lillian Hendricks Myrle M. Raley Dave Srader Janet Vogt
- 11 Ronald Aten Fran Bordofske Ray Cortez Jesse Sims Jean Sullivan
- 15 Pat Carwile Wanda Cotter Ray Favre Helen Parker

- Don Ruckelshausen Dr. Jim Wilson
- 16 Marilyn Gladson
- 17 Mary Cedillo Mary E Hankins
- 18 Connie Hutchens Ken McComas
- 19 Jacob Isaac
- 22 John Bosequett
  Ernest Caslani
  Eva Covey
  Jay Derrick
  Beverly Henderson
  Ruby Moore
  David Verner
- 23 Pauline Ringgold
- 24 Terri Hamer Martha Vinson
- 25 Loyce Stephens
- 26 Ola McCorkle
- 27 Marie Davis Melba Gray
- 28 James Eaton, Jr.
- 29 Lorie Knight
- 30 Douglas Avants Wanda Hudson Fay Steward



Gifts of time and love are surely the basic ingredients of a truly merry Christmas.

~Peg Bracken

#### **Volunteer Opportunities - Abilene Area**

For more information on all these and other volunteer opportunities contact Max Ann at 325-793-3520 or mabowlin@wtrc.com

"Although no one can go back and make a brand new start, anyone can start now and make a brand new ending."

- Carl Bard

#### Abilene-Taylor County Public Health District

• We have a new clinic – MERCY Health Care Center at 1902 Shelton in Abilene, Texas. It houses four public health programs: EPHC (Expanded Primary Health Care basically for women's services), PHC (Primary Health Care for men, women and children), Family Planning (private pay services for birth control), and STD testing and treatment. Volunteers needed to assist with: filing, making medical records, copying forms, answering phones and other general clerical work, for five days a week if possible; or whatever is available. The clinic is growing and volunteer services would be very beneficial at this time and for the future.

#### **Frontier Texas**

• Love to learn more about Texas History?...Frontier Texas is needing volunteers to be trained as docents to guide tour groups through the museum. No experience necessary!

#### The National Center for Children's Illustrated Literature (NCCIL)

• Volunteers can serve as Gallery Greeters who are the first friendly faces museum guests see. Greeters are needed Tuesday - Friday from 10:30 am - 3:30 pm (shorter shifts available). A desk and chair will be provided. Greeters will welcome guests, ask guests to sign the visitor book, and answer basic questions. A detailed description of the exhibit can be provided to the greeter so they can interact with museum guests and answer basic questions.

#### **Abilene Regional Medical Center**

• Help family and friends find the perfect gift for their loved ones by volunteering at the Abilene Regional Medical Center Gift Shop. You'll even be able to treat yourself with a 20% discount on merchandise! No experience necessary, on the job training available.

What is Christmas? It is tenderness for the past, courage for the present, hope for the future. It is a fervent wish that every cup may overflow with blessings, rich and eternal, and that every path may lead to peace.

-Agnes M. Pahro

"It came without ribbons! It came without tags! It came without packages, boxes or bags!"... *Then* the Grinch thought of something he hadn't before! "Maybe Christmas," he thought, "doesn't come from a store. Maybe Christmas...perhaps...means a little bit more!"

-Dr. Seuss, How the Grinch Stole Christmas!

"I've learned that you shouldn't go through life with a catcher's mitt on both hands; you need to be able to throw something back."

-Maya Angelou

#### **Volunteer Opportunities - San Angelo Area**

For more information on all these and other volunteer opportunities contact Teresa at 325-223-6387 or tcovey@wtrc.com.

We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called OPPORTUNITY and its first chapter is New Years Day.

-Edith Pierce

#### **Adult Literacy Council**

• Adult illiteracy is a growing problem despite efforts to curb it. Each year, an estimated 2.3 million persons join the pool of those 23 million adults considered to be functionally illiterate. If you have an interest in helping adults through reading, tutoring, computer skills, or possibly teaching English as a Second Language (ESL), NO EXPERIENCE IS NEEDED. Are YOU available? Help someone achieve their goals to develop their knowledge and expand their potential. The Literacy Council also wants to make little free libraries for our community. Volunteers are needed, so if you can swing a hammer safely and have good "handy-man" skills, your service and time are requested.

#### **AARP DRIVERS SAFETY INSTRUCTOR**

• If you have a keen sense of driving safety and would enjoy teaching seniors how aging affects their driving, how to improve their driving abilities, and possibly reduce their insurance rates, this might be the volunteer opportunity for you! MUST TEACH AT LEAST THREE FOUR HOUR CLASSES A YEAR.

#### **Tax Aide Counselors**

• "Work your mind/Warm your heart" If you know how to use a computer and are available for training in tax law and an easy to use tax preparation program, then you can be a tax counselor. Training materials are provided in the fall to provide tax law knowledge and guide you step by step through the forms used in the web based tax preparation software. Are you interested in a challenging and rewarding volunteer opportunity?

#### Faith in Action (FIA)

• West Texas RSVP welcomes all volunteers interested in transporting frail elderly citizens to their medical appointments. This is a great way to give back to the community in a way that does not conflict with your schedule. The RSVP Staff know how valuable your time is; therefore, "YOU" decide which transportation needs you can volunteer for..."YOU" decide. So if you're looking for a way to fill a big need within our community, you love meeting new people, and your heart is full of compassion for others, your perfect volunteer opportunity is probably waiting for you through Faith in Action. Come join our volunteer drivers and see what it means to give of your time...RSVP FIA drivers are priceless!

#### **Travel Preparedness**

In addition to checking the road conditions, the following things should be done prior to any road trip:

- $\sqrt{$  *Ensure that your vehicle is in good shape for driving.* Check you tire tread and pressure, windshield wiper blades, all of your lights, brakes, and fluids including antifreeze.
- √ *Check in when you arrive and depart.* In hazardous weather, let someone know your route, destination and estimated time of arrival.
- $\sqrt{A}$ lways, always keep a well-stocked emergency kit in every vehicle.
- $\sqrt{Always \ keep \ your \ fuel \ tank \ above \ half full.}$  You never know when you might be stuck in traffic and need to keep your car running for heat.



## New Volunteers

Brenda Bredemeyer
Jean Bundrant
Eva Covey
Mitzi Davis
Suzann Eby-Martinez

Betty Muncy
August Roden
Claire Simons
Jay Simons
Gwen Unger
Bobbie Waites
Dave Yorkowitz

## In Sympathy...

Helen Bitters
Maurine Bland
Marilyn Cowley
Johnny Fleming
Billie Haviland
Charles Rowan
Frances Torres

#### New Year's Wish!

12 months of Happiness, 52 weeks of Fun, 365 days of Success, 8760 hours of Good Health, 52600 minutes of Good Luck, And 3153600 seconds of Joy!



#### West Texas RSVP has a NEW BROCHURE

If you have the opportunity to promote the RSVP program new RSVP brochures are available. RSVP staff will be glad to provide you with copies of the brochure,



if you have a location to place them which is frequented by prospective RSVP volunteers.

## Friendly Reminder...

We GREATLY appreciate those who have returned their completed RSVP application updates! THANK YOU!....however, our reports indicate that there are over 100 yet to be updated and returned. These forms MUST be completed in order to maintain a current and accurate database on active RSVP volunteers. Aside from changing the name from Concho Valley & Big Country RSVP to West Texas RSVP, another reason for the update is that we, as humans, do change and your interests have probably changed since you first became a RSVP volunteer. Certificates that were not picked up at the RSVP luncheon have been mailed out. If you receive your certificate with an application update form inside, please complete it and return with your signature. As always we appreciate all you do in service to others!!



Christmas is the season for kindling the fire of hospitality in the hall, the genial flame of charity in the heart.



—Washington Irving

# **Bilbrey Tours 2016 Travel Showcases**

Do you enjoy traveling and seeing new sights? DON'T MISS the travel showcase coming to your area. Come one, come all! Your destination awaits you in 2016!



Abilene Travel Show
Saturday, January 9, 2016
1:00 pm
Southern Hills Church of Christ
3666 Buffalo Gap Road
Abilene, Texas

Concho Valley Travel Show
Wednesday, January 6, 2016
2:00 pm
Senior Annex Station 618
618 South Chadbourne
San Angelo, Texas

Call the numbers below to receive more information on the following tours leaving from San Angelo and Abilene benefitting the West Texas RSVP program through Bilbrey Tours.

New Orleans & Mississippi Gulf Coast - Mar. 7-13, 2016 Big Bend National Park - Mar. 21-24, 2016 Best of Florida (Includes Key West) - Apr. 5-18, 2016 Branson Music Fest - Apr. 25-30, 2016

In <u>San Angelo</u>, call RSVP at (325) 223-6387 or email <u>tcovey@wtrc.com</u>. In <u>Abilene</u>, call RSVP at (325) 793-3520 or email <u>mabowlin@wtrc.com</u>.

West Texas Rehab/RSVP 618 South Chadbourne San Angelo, Texas 76903

**Return Service Requested** 

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#### **HOLIDAY REMINDERS:**

The RSVP offices in San Angelo and Abilene will be closed December 24-31 for Christmas holidays and vacation.

Offices will be closed on January 1, 2016 for the New Year's holiday.



#### **West Texas RSVP**

618 South Chadbourne San Angelo, Texas 76903 Fax: 325-655-6294

4601 Hartford Abilene, Texas 79605 Fax: 325-793-5445

#### www.westtexasrsvp.org

Director Dolores Schwertner

San Angelo - 325-223-6388 Abilene - 325-793-3522 dschwertner@wtrc.com

Volunteer Max Ann Bowlin Coordinator 325-793-3520

Abilene mabowlin@wtrc.com

Program Assistant Teresa Covey
San Angelo 325-223-6387
tcovey@wtrc.com

Administrative Carol Rigby-Hiebert Coordinator 325-223-6389 San Angelo crigby@wtrc.com