



West Texas RSVP

April – May 2015

Sponsored by: West Texas Rehabilitation Center
Part of the Corporation for National Community Service
National Senior Corps Program



SAN ANGELO AREA FOUNDATION



...coming May 5th

What is SanAngeloGives?

San Angelo Gives is an online giving event that provides nonprofits the opportunity to gain exposure to - and start relationships with - new donors, and for people in San Angelo to come together to raise much needed money for local nonprofits.

Who is eligible to participate?

- Nonprofit organizations that are located in or provide substantial services to San Angelo or immediate and surrounding areas with an approved and completed Giving Day profile are eligible to participate

We invite you to join with others on the inaugural San Angelo Giving Day on May 5, from midnight to 11:59 pm. Your generous support will make a meaningful difference in many lives.

You can choose to donate to over 70+ non-profits but the focus of this article is in support of **West Texas RSVP Faith in Action Project**.

On May 5, your donation of \$10, \$25, \$100 or more will support West Texas RSVP work in the community...with a focus on the RSVP Faith in Action project to provide volunteer rides for frail older adults to medical appointments. Every gift of \$10 or more will be amplified by bonus dollars and can even help RSVP's chances of winning cash prizes throughout the day.

(Continued on next page)

Check out:

- San Angelo Gives
- New Outreach Coordinator
- National Volunteer Week
- New Program Assistant
- Birthdays
- Abilene Opportunities
- San Angelo Opportunities
- Billbrey Tours

Like 'West Texas RSVP' on Facebook, follow us on Twitter @westtexasrsvp and visit the website at www.westtexasrsvp.org!



San Angelo Gives (cont.)

In January of 2014 RSVP brought the Faith in Action project under their management with no additional annual funding. During the past year 32 RSVP volunteers were able to provide 996 rides for 38 clients. Funding received through San Angelo Gives will allow RSVP staff to work on recruitment of additional volunteers to meet the needs of more clients, who are now on the waiting list. By visiting <https://www.sanangelogives.org/#npo/west-texas-rsvp> and making a donation during this 24 hour blitz your gift will make a difference.

With your help, RSVP **WILL** be able to provide transportation for more frail elderly clients.

Share this information with your family and friends and urge them to become a part of this inaugural event. If you do not have access to a computer or the internet you can come by West Texas RSVP on May 5, and a computer and volunteer will be available to help you through the process to donate....remember RSVP receives match dollars and a chance at prizes if you donate through San Angelo Gives on May 5, 2015.

Remember <https://www.sanangelogives.org/#npo/west-texas-rsvp> will only be open on May 5, for 24 hours only.

The Art of Giving - Wilfred Peterson

We give of ourselves when we give gifts of the heart:

Love, kindness, joy, understanding, sympathy,
tolerance, forgiveness.

We give of ourselves when we give gifts of the mind:

Ideas, dreams, purposes, ideals, principles,
plans, projects, poetry.

We give of ourselves when we give gifts of the spirit:

Prayer, vision, beauty, aspiration, peace, faith.

We give of ourselves when we give the gift of words:

Encouragement, inspiration, guidance.

Emerson said it well:

"Rings and jewels are not gifts,
but apologies for gifts.

The only true gift is a portion of thyself."

Abilene - New Outreach Coordinator

Chesley Martin, started work with RSVP in February in a new RSVP position in Abilene working PRN, which means she works as needed. In her position as Outreach Coordinator, in the Abilene area, she is working on promoting RSVP and recruiting new volunteers. If you have a connection to a senior group, civic group or other community group who would benefit from learning more about RSVP and volunteering please give Chesley a call at 325-793-3519.

Celebrate Service

National Volunteer Week
April 12-18, 2015

National Volunteer Week, April 12-18, 2015, is about inspiring, recognizing and encouraging people to seek out imaginative ways to engage in their communities. It's about demonstrating to the nation that by working together, we have the fortitude to meet our challenges and accomplish our goals.



National Volunteer Week is about taking action and encouraging individuals and their respective communities to be at the center of social change – discovering and actively demonstrating their collective power to make a difference.

West Texas RSVP Volunteers engage in their communities every day to meet challenges and make a difference in the lives of those served. We want to thank you for your outstanding service not only during National Volunteer Week, but throughout the entire year.



Message from new RSVP Program Assistant - San Angelo

Greetings! My name is Teresa Covey and I'm "your" new RSVP Program Assistant. Since starting my new position on January 26, 2015, I have tried to dig into and learn the different volunteer opportunities that RSVP offers. I am really enjoying my new job! THIS is how I get my fix of servitude, by helping you to serve others. I believe this is where I should be, and Lord willing, I'll be here a very long time. My past experience hails from most recently, a year with the Concho Valley Workforce Development Board as a monitor; and prior to that I spent 12 years with the City of San Angelo. I am a veteran, having spent 10+ years with the U.S. Air Force, and my husband is also a veteran, retiring after 23 years with the U.S. Army. I have one daughter in Oklahoma, who has given me three beautiful grandchildren, and one on the way. I also have twin sons, of which one is getting married next month, while the other will be commissioning into the U.S. Air Force when he graduates from ASU in May. I'm looking forward to meeting each of you and I'm so thankful for your service!

In Sympathy...

*Billy Earl Bridges
 Robert Eubank
 Sarah Howard
 Nina Pormann
 Pasita "Paz" Sanchez
 Daisy Talley
 Jessie Thorn*



WELCOME
 to the team!

**New
 Volunteers!!**

LaVelta Doolin
 Frank Barbella
 Barbara Block
 James King
 Melanie McMinn
 Hortencia Mier

Manuel Mier
 Mary Lou Moreno
 Elsie Oliver
 Betty Otis
 Paulette Whitaker

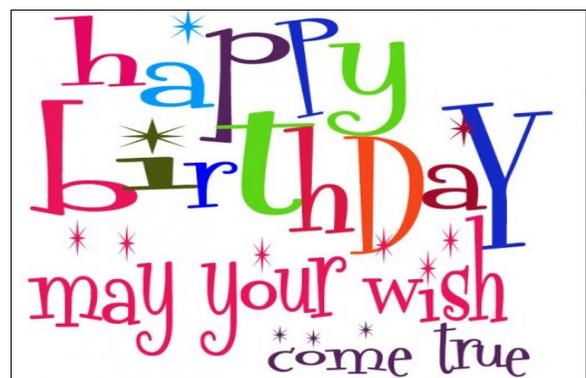


Happy Birthday!



- | | |
|---------------------|-----------------------|
| 1 Nancy Haddox | 16 Janis Klose |
| 1 Juan Hernandez | 16 Loretta Medley |
| 1 Leola Prince | 16 Joseph Sotir, Jr. |
| 2 Carolyn Utt | 17 Norvell Holveck |
| 3 Joe Lopez | 17 Gary Whitaker |
| 3 Jane Melton | 18 Jim Bartee |
| 3 Katherine Osborne | 18 Olivia Haliburton |
| 3 Grace Smith | 18 Linda Rutledge |
| 3 Loretta Sughrue | 19 Robert Feller |
| 4 Karen Cook | 19 Nancy White |
| 4 Billie Hargrove | 20 Joyce Berryman |
| 4 Peggy Hembree | 20 Raymond McCarthy |
| 4 John Tyler | 20 Barbara Mitchell |
| 5 Daniel Confer | 21 Vi Jenkins-Counts |
| 5 Tommie Lindsey | 22 Henry E. Roberts |
| 5 Rosalinda Sims | 22 Guy Saunders |
| 6 Wendy Green | 22 Ginny Walls |
| 8 Jetty Davis | 23 Gene Cook |
| 8 Leland Hamner | 23 Thomas Howell |
| 8 Charle Tomei | 23 Arnold Michalewicz |
| 9 J. B. Bitner | 24 Donna Alexander |
| 9 Mary Lou Perez | 24 Mary Hearne |
| 10 Wanda Cook | 24 Theda Thurman |
| 10 Karen Horner | 25 Harry Dhans |
| 10 Ermanell Penney | 25 David Gonzales |
| 10 Sheila Rose | 27 Richard Burton |
| 11 Sherri Goeble | 27 Gale Lane |
| 11 LuAnn Lupton | 27 Paz Mapoy |
| 12 Darline Bride | 27 Ronda M. Young |
| 12 Sharlene Davis | 28 Mary Dougherty |
| 12 Juliana Rivera | 28 Elaine Kiser |
| 14 JoAnne Fuson | 28 Marshall Stewart |
| 14 Woody Hiebert | 29 Wanda Brothers |
| 15 David L. Lewis | 29 Al McLoughlin |
| 15 Jessie Magness | 29 Darlyne Vietor |
| 15 Donnia Seely | 30 Albert Bunt Jr. |
| 15 Janelle Waddell | 30 Kathy McBurnie |
| 15 Alice Whaley | |

- | | |
|------------------------|---------------------|
| 1 Linda Ashton | 19 Cindy Beck |
| 1 Nonie Sparks | 19 Sam Fuentes |
| 2 Jo Cook | 20 Cheryl Key |
| 3 Ruth Jordan | 21 Bernice Backer |
| 5 Jenny Eubank | 21 Betty Trammell |
| 5 Donna K. King | 22 Florence Boyd |
| 5 Beverly Schuder | 22 Arlen Lohse |
| 6 Frieda Ingram | 23 Neeca Flippo |
| 6 Tommie Self | 24 Mary Shivers |
| 6 Virgie Sellars | 25 J. E. Huston |
| 7 Tommy Alldredge | 25 Diane Lambert |
| 7 Terence Brown | 25 Gena Parks |
| 7 Clent Kniffen | 25 Don Wilson |
| 7 Charles Powell | 26 Doyle Lemond |
| 8 Michael LaBurtis | 26 Phyllis Martinez |
| 10 Hector Flores | 26 Ronnie Merriman |
| 11 Betty L. Harbin | 26 Juanita Pruneda |
| 12 Rosetta Lozano | 27 Mary Lou Moreno |
| 14 Ernest Lambert | 28 Janice Agee |
| 14 Melanie McMinn | 29 Barbara Block |
| 14 Robert Worley | 29 Andrew Lester |
| 15 Ausencio Alonzo | 30 Carolyn Glass |
| 15 Molly Guevara | 31 Mike Blaylock |
| 16 Maudie Reeves | 31 Faye Doepp |
| 16 Patricia Slavens | 31 John Muhleman |
| 17 Carol Rigby-Hiebert | 31 Sharyl Sotir |
| 17 Emma Watkins | |
| 18 Azeneth Dominguez | |



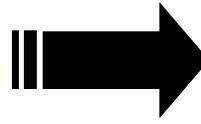
"I firmly believe that any man's finest hour - his greatest fulfillment to all he holds dear - is that moment when he has worked his heart out in a good cause and lies exhausted on the field of battle - victorious."

- Vince Lombardi

Volunteer Opportunities - Abilene Area

For more information on all these and other volunteer opportunities contact Max Ann at 325-793-3520 or mabowlin@wtrc.com.

WE ARE A
COMMUNITY



Buffalo Gap Historic Village

- Do you have a flair for the dramatic? An interest in history? The ability to interact with children in an engaging way? If so the Buffalo Gap Historic Village would love to have you portray one of their historical figures during school tours. They will provide all relevant information and a costume.

Big Brothers/Big Sisters

- Need a little pick-me-up? Big Brothers Big Sisters can help by matching you with a child in their Lunch Buddies program. For just 30 minutes a week during lunch, you can eat, laugh, and share your time with someone who truly needs it because when you give a little of your time you get a lot in return.

AARP Drivers Safety Training Instructors

- Instructors for the *AARP Smart Drivers Course* are needed in the Abilene area. Below is a more detailed position description than was in last months newsletter:

The AARP Driver Safety Program is the nation's first and largest driver safety course designed especially for drivers age 50 and older to help people live more independently as they age. Since its inception in 1979, the program has helped millions of drivers stay safe. It covers defensive driving techniques, rules of the road, and normal changes in vision, hearing, and reaction time— including practical ways to compensate for these changes. In many states, course participants may be eligible for an auto insurance discount. The course is open to AARP members and non-members of all ages and is available in a classroom or online setting.

Position Function

The volunteer instructor actively organizes, promotes, and conducts AARP Driver Safety Program classroom courses in accordance with AARP National Office guidelines.

Responsibilities

Organizes courses through host and participant recruitment, pre-course preparation, scheduling, and arranging of classroom facilities. Actively recruits new hosts while maintaining current hosts.

Presents AARP Driver Safety Program courses in accordance with AARP National Office guidelines. Conducts at least three courses annually.

Qualifications

Demonstrated competence in helping older adults learn.

Commitment to the goals and priorities of AARP.

Ability to work well with diverse populations.

Volunteer Opportunities - San Angelo Area

For more information on all these and other volunteer opportunities contact Teresa at 325-223-6387 or tcovey@wtrc.com.

One person *can* make a difference, and *everyone* should try.

John Fitzgerald Kennedy

West Texas Rehab

- Have you every heard of Weighted Blankets? Weighted Blankets can help improve sleep for children with autism, creates calm for children with a Sensory Processing Disorder and achieve focus for children with ADHD. For many young families who have children with this disorder the cost of the blankets are cost prohibitive. That is why we are trying to build a team of volunteers to help sew these blankets...which are really simple to create. The only cost to families would be costs of the materials. If you enjoy sewing and would like to be a part of this team of creative volunteers give the RSVP staff a call. Once we have determined who is interested we will meet at the West Texas Rehab as a group for training on the HOW TO!!!

Hospice of San Angelo (HOSA)

- Volunteers provide important services to hospice organizations and the people they serve. Whether it's providing companionship to a person in the final months and weeks of life, offering support to family members and caregivers, or helping with community outreach and fundraising, the contributions of volunteers are essential to the important work provided by our nation's hospice programs. HOSA serves 15 counties in the Concho Valley including Tom Green, Concho, Sterling, Coke, Runnels, Brown, McCulloch, Mason, Kimble, Menard, Sutton, Schleicher, Crockett, Reagan, and Irion. Volunteers are needed in all counties.

West Texas RSVP - Faith in Action

- *Faith in Action* means people keep their independence, by receiving help through volunteers. Learn how you can assist someone who has no one else to depend on for transportation to medical appointments. If you have a desire to help, but are limited on time, you can still help someone who requires dialysis...one hour to drop-off or pick-up a client will make a world of difference in someone's life. At RSVP, we recognize your need to have flexibility in volunteering opportunities. We invite you to inquire about how volunteering with *Faith in Action* can help you answer the call to serve in your faith tradition, within San Angelo.

Adult Literacy Council of the Concho Valley

- Volunteers needed...even one person can make a difference.
Responsibilities: Book sorting, painting, making book shelves, tutoring --English as a Second Language, basic literacy and computer introduction and math. Volunteers have flexible schedules. When volunteers are available we tutor those who need it. Sharing your special interest during our SOUPER LUNCHEONS or working with the council on their special events---Book Festival, Heritage Festival, Golf Tournament, Book Sale and more.....Each one....does teach one!!!!
Details: Volunteers can work one on one or in small groups. Projects can be one-time events or ongoing lessons.

Meals for the Elderly

- *Meals for the Elderly* is desperately short both regularly scheduled drivers and substitute drivers. If you are available 1.5-2 hours per week, they need your help feeding the homebound elderly of San Angelo.

BILBREY TOURS

10 Countries Without a Passport
Features Omaha, NE
June 5 - 10, 2015
(6 days - 5 nights)

*Departing Abilene, Big Spring,
Midland and San Angelo*



Visit the countries of Czech Republic, Germany, Greece, Ireland, Italy, Lithuania, Mexico, Scotland, Sweden and Ukraine. Through food, entertainment and presentations, travelers will experience the cultures of 10 countries without a passport!

Highlights Include: * A Bonus Attraction (you will **not** believe it)

- * City tour of Omaha with local guide
- * Tour of Father Flanagan's Boys Town
- * Joslyn Castle and Scottish Dancers
- * Irish Dinner with Entertainment
- * Ukrainian Traditions Presentation
- * St John's Greek Orthodox Church and Dancers
- * Ballet Folklorico
- * Taste of the Czech Republic at Bohemian Cafe
- * Lithuanian Bakery Presentation
- * German Meal with Entertainment
- * Swedish Buffet and Dancers
- * Italian Meal
- * Meals: 5 continental breakfasts 3 lunches and 3 dinners

\$1169 per person (2 people per room) \$1469 per person (1 person per room)

Travel Protection Insurance-\$109 per person

\$25 due upon booking - Final due April 22, 2015

Big Sky Country
Featuring Montana & Wyoming
July 28 - August 10, 2015
(14 days - 13 nights)

*Departing Abilene, Big Spring,
Lubbock and San Angelo*



Highlights Include:

- * Glacier National Park
- * Lake McDonald, MT
- * "Going to the Sun" Highway
- * Yellowstone National Park
- * Mammoth Hot Springs
- * Old Faithful
- * Grand Teton National Park
- * Colter Bay Visitor's Center
- * Chapel of Transfiguration
- * Jackson Hole
- * Lewis and Clark Interpretative Center
- * Smoke Jumpers Visitors Center
- * National Historic Trails Visitor Center
- * Arches National Park
- * St Ignatius Mission
- * Cheyenne Frontier Days Old West Museum
- * Meals: 3 breakfasts and 10 continental breakfasts 10 lunches or dinners

\$2789 per person (2 people per room) \$3699 per person (1 person per room)

Travel Protection Insurance-\$193 per person

\$50 due upon booking - Final due May 21, 2015

In San Angelo, call RSVP at (325) 223-6387 or email tcovey@wtrc.com.
In Abilene, call RSVP at (325) 793-3520 or email mabowlin@wtrc.com.
For more information on other tour offers, visit www.bilbreytours.com.

West Texas Rehab/RSVP
618 South Chadbourne
San Angelo, Texas 76903

Return Service Requested

NONPROFIT
ORGANIZATION
US POSTAGE
SAN ANGELO, TX
76903
PERMIT NO. 97



Truths for Living - William Ward

The more generous we are,
the more joyous we become.

The more cooperative we are,
the more valuable we become.

The more enthusiastic we are,
the more productive we become.

The more serving we are,
the more prosperous we become.

The more outgoing we are,
the more helpful we become.

The more curious we are,
the more creative we become.

The more patient we are,
the more understanding we become.

The more persistent we are,
the more successful we become.

West Texas RSVP

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